



1290 W 7<sup>th</sup> & Polk, Eugene

541-505-9175

Tuesday – Saturday 11am-8pm



*You'll love it when comfort goes vegan!*

## Build-Your-Own Meal

Phish or Chicken Fried Tempeh \$9    Southern or BBQ \$8.50

**Choose one item from each category:**

### Main Dish

Phish Sticks *with tartar sauce and optional lemon wedge*

Southern Fried Tofu (gluten free option available) *with agave dijon or barbeque sauce*

Chicken Fried Tempeh & Country Gravy

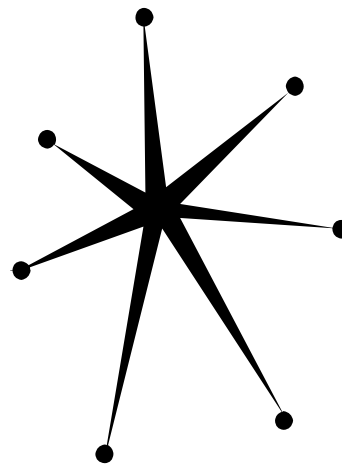
Barbeque Pull-A-Parts *seitan/wheat meat*

### Thing One

Mac unCheese (gluten free option available)

Mashed Taters & Country Gravy *(gf)*

Crinkle Fries *Cajun seasoning optional (gf)*



### Thing Two

Uncle Todd's Greens *baby spinach lightly sautéed w/agave, lemon juice & tamari (gf)*

Sassy Slaw *shredded purple cabbage with a traditional coleslaw dressing (gf)*

**Cornbread (classic or jalapeno) (gf) or Biscuit**

*comes with Earth Balance buttery spread. Agave syrup is optional*

## Sammiches & Sides

*(comes with one side dish from above)*

**French Dip with "Oh Jo"** – Our house made marinated Seitan on a grilled hoagie with "Oh Jo" dipping sauce. Sheree's mother, Jo, is the inspiration for this one. \$9

**The Eugenewich** – Southern Fried Tofu patty with melted Daiya cheddar, deep-fried carrot slices, hand-breaded onion rings, shredded romaine lettuce, and tomato with a smoky sauce on a grilled Bread Stop bun. Throw on a bib and hang on! \$9

**Phish** – Phish patty with tartar sauce, lettuce & tomato on a grilled Bread Stop bun \$8

**Chicken-free Salad** – Our pretty terrific spread of tofu, celery, red bell peppers, onions, and parsley all magically mixed up with our secret seasonings and served on grilled Dave's Killer Bread \$8

**Southern** – Southern Fried Tofu patty with a creamy agave dijon dressing and Sassy Slaw on a grilled Bread Stop bun \$7.50

**Shredded Barbeque Seitan** – Our version pulled pork with a sweet & tangy BBQ sauce & Sassy Slaw on a grilled Bread Stop bun \$7.50

**Grilled Cheese** – We are proud to use soy-free, tapioca cheese from Daiya! It's actually melty and stretchy! The flavor and texture closely mimic American cheese. We sammich a thick slice between one of our "battered" up Dave's Killer Bread and grill it in a panini press \$6.50

**Add-ins: tomato slices or jalapeno peppers** – add .50 cents ea

## Small Plates

Chicken Fried Tempeh & Country Gravy *comes with your choice of side and Sassy Slaw* \$7.50

Phish 'n Chips & Sassy Slaw *with tartar sauce and optional lemon wedge* \$7

BBQ Pull-A-Parts *comes with your choice of side & Sassy Slaw* \$7

Southern Fried Tofu, Choice of Side & Sassy Slaw *with agave dijon or barbeque sauce* \$6.50

Hot Things! *Our version of Buffalo Wings. Comes with house made ranch & celery sticks* \$6.50

Biscuits & Country Gravy *one biscuit sliced in half and swimming in our famous gravy* \$3/\$5 double

## On the Lighter Side

*(comes with your choice of our classic or jalapeno cornbread)*

**Side Salad** - Mixed greens, grape tomatoes, shredded carrots, black olives, chives, and croutons *(ask for choice of dressings)* \$3.50

**Southern Fried Tofu Salad** – Mixed greens, grape tomatoes, shredded carrots, black olives, chives, croutons, topped with Southern Fried Tofu. Comes with creamy agave dijon dressing \$6.50

## A la Carte

Main Dish \$4      Side \$3      Cornbread/Biscuit \$1.50



**The Kidd-O-Meal \$5.50**



*Each meal comes with a drink, fruit or veggies, dipping sauce & a fun sticker!*

**Pick One Main Dish** - Phish Sticks, Southern Fried Tofu, or half a Grilled Cheese on Dave's Killer Bread

**Pick One Side** – Mac unCheese, Mashed Taters & Gravy, Crinkle Fries, Sassy Slaw

## Beverages

Organic Shirley Temple/Roy Rogers \$2

Organic Blue Sky Soda \$1.50

R.W. Knudsen Spritzers (no sugar added) \$1.50

Organic 100% Apple Juice \$1.50

Organic Juice *(flavors vary, please ask your server)* \$1.50

Organic & Local **Caffe Pacori** Coffee \$1.50 per cup/\$2.50 get yer buzz on

*About 95% of our menu items are organic and made in house. We source as many local ingredients as possible and we pay special attention to using non-gmo ingredients. We strive to create as little waste as possible. Therefore, our food scraps go to a local gardener, as well as our used oil. It is our mission to continue to reduce our carbon footprint as we are able. Suggestions are encouraged. A community experience is very important to us – Welcome.*

*Nut Allergy Info: Our BBQ Pull-A-Parts contain peanut butter, our unCheese Sauce and Country Gravy contain cashews, and some of our desserts contain various nuts. Please talk with your server and/or the chef if you have any concerns*

*Gluten Free Info: All of our items that are gluten free have a "gf" next to them. Most of our dessert are gluten free*

*We are able to accommodate most diets. Please ask your server and/or the chef what we can make special for you*